

Table of Contents

Introduction: The Practice of Homeopathy

- The Energy Complex of the Organism: Hahnemann's "Vital Force"
- The Defense Mechanism and the Energy Complex
- Symptoms are Beneficial
- The Consequences of Suppressing Symptoms
- A Roadmap of Guiding Symptoms
- Evaluation of Prescription
- The Direction of Cure

Chapter 1: General Description of the Levels of Health

- Fluctuation of the Organism within the Same Level

Chapter 2: Prognosis and Life Expectancy

Chapter 3: Genetic Predisposition to Life Expectancy

Chapter 4: Implications of Susceptibility

- Natural Defense versus Bacterial Eradication
- Acute Illnesses Belong to Healthier Organisms
- Absence of Fever = Lack of Vitality

Chapter 5: Genetic Predisposition: Hahnemann's Miasms

- Predisposition in Relation to Levels of Health
- Science of Sequential Remedies Required for Greater Predisposition

Chapter 6: The Definition and Importance of a Clear Remedy Pattern

Chapter 7: Potency Selection

- Repetition of Doses
- Indications for Potencies within Various Levels

Chapter 8: Antidotes to Homeopathic Treatment

1. Pharmaceuticals and Vaccinations
2. Recreational Drugs
3. Coffee
4. Severe Mental or Emotional Stresses
5. Dental Treatment
6. Wrong Repetition of Remedies
7. Other Therapeutic Modalities
8. Strong Odors
9. Antidotal Factors upon the Remedy Itself

Chapter 9: Acute Diseases during Chronic Treatment

- Group A: Level One, Level Two and Level Three
- Group B: Level Four, Level Five and Level Six
- Group C: Level Seven, Level Eight and Level Nine
- Group D: Level Ten, Level Eleven and Level Twelve

Chapter 10: The Management of Acute Conditions during the Treatment of a Chronic Condition

Appearance of an Acute Disease within the First Three Days after Taking a Remedy

- Group A: Level One, Level Two, Level Three
- Group B: Level Four, Level Five, Level Six
- Group C: Level Seven, Level Eight, Level Nine
- Group D: Level Ten, Level Eleven, Level Twelve

Appearance of an Acute Disease Seven to Fifteen Days after Taking the Remedy

- Group A: Level One, Level Two, Level Three
- Group B: Level Four, Level Five, Level Six
- Group C: Level Seven, Level Eight, Level Nine
- Group D: Level Ten, Level Eleven, Level Twelve

Appearance of an Acute Disease One Month after Taking the Remedy

- Group A: Level One, Level Two, Level Three
- Group B: Level Four, Level Five, Level Six
- Group C: Level Seven, Level Eight, Level Nine
- Group D: Level Ten, Level Eleven, Level Twelve

Appearance of an Acute Disease Six Months after Taking the Remedy

- Group A: Level One, Level Two, Level Three
- Group B: Level Four, Level Five, Level Six
- Group C: Level Seven, Level Eight, Level Nine
- Group D: Level Ten, Level Eleven, Level Twelve

Chapter 11: General Conclusions Concerning Acute Diseases during Chronic Treatment

- Clarification: Rules Are Not without Exceptions

Chapter 12: Remedy Reactions

- Formulating the Homeopathic Prognosis of a Case
- Parameters that Enable a Homeopath to Make a Three-Dimensional Evaluation of a Case

Chapter 13: Observations of Remedy Reactions and Posology Considerations

- Observation 1 *Clear initial aggravation of the main physical complaint(s), the mental/emotional symptoms and the energy level— followed by a quick, longlasting recovery*
- Observation 2 *The patient feels much better in every aspect, but there is little or no aggravation*
- Observation 3 *After an initial aggravation, the patient feels much better in every aspect, but some symptoms remain*
- Observation 4 *After an initial aggravation there is local and general amelioration, but new symptoms appear belonging to the remedy given*
- Observation 5 *The physical symptoms subside after an initial aggravation, but there has been no reaction on the mental– emotional plane or the energy level*
- Observation 6 *No initial aggravation: the patient reports being better but is not really well*
- Observation 7 *The patient’s main complaint has ameliorated without aggravation, but a new problem now emerges*
- Observation 8 *The patient’s original complaint is somewhat better, but new symptoms dominate the case, completing the remedy pattern*

- Observation 9 *Short aggravation followed by local and general amelioration, then partial relapse after one month*
- Observation 10 *Actual relapse one month after a positive reaction*
- Observation 11 *Temporary amelioration without initial aggravation, then a full relapse after one month*
- Observation 12 *Amelioration in certain areas without aggravation, but after some weeks the patient is worse than before (with or without a change of symptoms)*
- Observation 13 *No change in the case*
- Observation 14 *A reserved or shy patient who reports that nothing has changed*
- Observation 15 *Improvement of some minor physical symptom without any further changes in a reserved or intellectual patient*
- Observation 16 *Improvement of a minor physical symptom without any other changes in an extroverted patient*
- Observation 17 *The patient reports a deterioration, but there may have been some improvement in the past few days*
- Observation 18 *Steady aggravation of all symptoms*
- Observation 19 *Clear, long-lasting aggravation, followed by improvement for four to five days, then by continued deterioration*
- Observation 20 *The patient has been feeling worse for an entire month*
- Observation 21 *Over the course of the month, the chief complaint has become more severe, while other symptoms have improved*
- Observation 22 *The mental–emotional plane deteriorates, while the energy level and physical complaints are improved after an aggravation*

Chapter 14: Obstacles to Homeopathic Treatment

Triggering Causes of Diseases

1. Conflicts on the Physical Plane
2. Conflicts on the Emotional Plane
3. Conflicts on the Mental Plane

The Concept of Cure

1. Physical Blockages

- A. Mechanical Obstacles
- B. Chemical Obstacles
- C. Obstacles Due to Previously Used Drugs or to Acute Infectious Diseases
- D. Permanent Organ Damage
- E. Case of People Suffering from an Undefined, General Physical Weakness
- F. Miasmatic Obstacles

2. Emotional Blockages

- A. Husband Syndrome
- B. Deep Emotional Insecurities
- C. Inescapable Family Situations
- D. “Sinful” Habits
- E. Emotional Death

3. Mental Blockages

- A. Spiritual Seekers
- B. Fixed Ideas
- C. Intellectuality
- D. Fear of Dependency
- E. Severe Mental Disorders

Conclusion

Chapter 15: Summary of the Levels of Health

- Summary of Group A
- Summary of Group B
- Summary of Group C
- Summary of Group